

Richard Gamble

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Personal Profile

I am a hardworking, punctual person who works well within a team or on my own using my own initiative. I pride myself on my organisation skills and my ability to prioritize. I am extremely focused and I give one hundred percent in all tasks undertaken. I am health and safety focused with an excellent attendance record. I am currently attending Jobsmart to develop my confidence and skills set while increasing my work readiness. I have also completed a Digital Video CV to visually demonstrate my skills and attributes. I have 20-years experience as a forklift driver and I am seeking full time employment.

Key Skills

- Team Player
- Punctual
- Health and Safety Focused
- Qualified FLT Driver (reach and counterbalance)

Please click to view Digital Video CV: <https://vimeo.com/190072823/964511ec05>

Employment History

Carezone, Volunteer - Aug 2015 / Present

While volunteering at Carezone, I work as a trainee carpenter. I help restore donated furniture so it can be distributed to people in need throughout the city or sold on eBay. I use various tools to complete my duties and have been trained to use table saws.

Carer - 2006 / Jan 2015

During this period of time I cared for my wife who was diagnosed with cancer, I also cared for my father in law.

Tesco Warehouse, FLT Driver - 2005 / 2006

During my time with Tesco I was employed as a reach forklift driver in the warehouse. I was responsible for moving and storing stock throughout the warehouse.

Argos Warehouse, FLT Driver - 2002 / 2004

While working at Argos, I was employed as a reach forklift driver in their warehouse. It was my responsibility to move and store stock safely around the warehouse. I was also involved in the loading of outgoing stock ready for distribution and unloading of delivered stock to the warehouse.

LPC KAHMS Papermill, Counterbalance + Clamp driver - 2002 / 2004

As a counterbalance and clamp driver at LPC KAHMS I was responsible for a wide variety of forklift driving duties around the factory. This was an enjoyable role and it gave me the ability to tone my forklift driving skills in a busy working environment.

Training

Huntingdon Regional College, Alconbury

- FLT Driver Training
- RTITB Reach / Counterbalance Training

References available on request