# **Gary Whittock**

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### **Personal Profile**

I am a hardworking, positive and reliable individual with a good work ethic. I have a strong awareness of health and safety which has been gained through the experience of working in a number of factory and warehouse environments. I am honest, punctual, and am able to adapt well to changing work conditions, and am flexible in my approach to work.

### **Key Skills**

- Reliable & punctual
- Good communication skills
- Health and safety awareness
- Adaptable

Please click to view Digital Video CV: https://vimeo.com/224525514/85bae3e9a2

# **Employment History**

### **Actively Seeking Employment**

I am currently seeking employment and have been searching for suitable jobs at my local Job Centre. I have enrolled on the Digital CV project to allow me to showcase the skills I have. I am looking for a role in a warehouse environment that will allow me to both build on my existing skill set and also allow me to learn new skills.

#### Amazon, Picker/Packer - 2014 / 2015

My role at Amazon included locating and picking stock from the shelves in accordance with customer orders. This required attention to detail and working to strict deadlines as this was to fulfil a customer requirement and could not be incorrect. I would also check the item before labelling it and passing it over for shipping and report any damages to my supervisor so as not to send faulty goods to the customer.

#### Peterborough City Hospital, Labourer - 2009

I worked as a casual labourer on the construction site of the new Peterborough City Hospital site. I worked as part of a team to erect the aluminium cladding during the conversion from Edith Cavell to the current hospital. This role required a good awareness of health and safety, particularly as this involved working at varying heights during the construction stage. I would make sure all tradesmen on site had the necessary materials to be able to complete their task effectively.

#### RAR Heating & Plumbing, Labourer – 2006 / 2008

During my time at RAR, I was responsible for a number of tasks. I worked as part of a team to complete the various industrial and commercial projects. I also worked on plumbing installations. I would ensure the other members of the team were equipped with the necessary tools and materials to complete the job, and would also make sure the working area was kept clean and tidy and clear of any potential hazards.

#### New York Bagels, General Operative – 2005

My main responsibility in this role to pick and pack fresh bagels ready for onward distribution to the customers. I would ensure my working area was maintained to a high standard and would adhere to the necessary health and safety guidelines.

### **ACC Motors Group, Apprentice Motor Mechanic** – 2000 / 2002

As an apprentice, I learnt a variety of tasks within the industry as I handled both light and heavy goods vehicles. I attended college on day release during this period while I completed my motor mechanic course.

# **Education & Training**

#### Linksfield Academy & St Machar Academy, Aberdeen – 1994 / 1999

I completed my secondary education at Linksfield, where I obtained: a Scottish Certificate of Education in 3D Art and Design – Ceramics. I also studied Maths, English and Science.

### Peterborough Regional College - 2010

QCF Work Skills Programme including Job Application & Interviews

#### **Other training** - 2000 / 2002

Motor Mechanic Course – Level 1 & 2

#### **Hobbies and Interests**

In my spare time, I enjoy keeping fit. I have a keen interest in playing football, and was a former Aberdeen Select FC player, I also like to cycle, kick box and swim. I enjoy a competitive game of darts or snooker, and also enjoy painting model tanks and reading.

# References available on request